



RESTAURANT Dish Name 31/07/17

	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew Nut	Pecan Nut	Brazil Nut	Pistachio Nut	Macadamia nut or Queensland	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/Sulphites	Lupin
MARINATED OLIVES																												
OUR BREADBOARD & DIPS	X	X	X	M	X	X					X	M	X	M	M	M	M	M	M	M	M	M	M			M	X	
BREADBOARD , DIPS & OLIVES	X	X	X	M	X	X					X	M	X	M	M	M	M	M	M	M	M	M	M			M	X	
PLAIN NACHOS													X													M		
CHICKEN NACHOS													X													M		
COMBO SHARER	X	X	M	M	M	X		X	X	X	X	M	X											X	X	M		
COCKTAIL OF PRAWNS	X					X		X	X		X																	
HONEY & LIME CHICKEN SKEWERS	X	X										M																
BRITISH MUSSEL POT										X			X															X
BRIE WEDGE, WALNUT, FENNEL & PEAR SALAD	X	X	M	M	M	M	M				X	M	X				X							X	X			
FISH BITE FORKS	X	X						X	M		X	M	M												X			
CARROT & COIANDER SOUP	X	M	M	M	M	M	M						M	M	M	M	M	M	M	M	M	M	M	M	M	M		
SALT N PEPPER CALAMARI & AIOLI	X	X	M	M	M	M	M		M	X	X	M	M											X				
COD N CHIPS , MUSHY PEAS, TARTARE & B&B	X	X	M	M	M	M	M	X	M		X	M	X												X			
HADDOCK N CHIPS , MUSHY PEAS, TARTARE & B&B	X	X	M	M	M	M	M	X	M		X	M	X												X			
POACHED COD / HADDOCK, MUSHY PEAS, TARTARE & B&B	X	X	M	M	M	M	M	X			X																	
SCAMPI N CHIPS, LEMON & TARTARE	X	X							X		X		X												X			
PLAICE N CHIPS , MUSHY PEAS, TARTARE & B&B	X	X	M	M	M	M	M	X	M		X	M	X												X			
HAGGIS, NEEEPS & TATTIES WITH WHISKY SAUCE	X	X	M	M	M	M	M				X	M	X												M		X	
HARRYS CLUB 60	X	X	M	M	M	M	M	X	M		X	M	X	M	M	M	M	M	M	M	M	M	M	M	M	X		
CUMBERLAND SAUSAGE, MASH, GRAVY & ONIONS	X	X	M	M	M	M	M				M	X	X											X	M		X	
BATTERED PORK JUMBO SAUSAGES N CHIPS	X	X	M	M	M	M	M		M		X	M	X											X			X	
BEEF & MUSHROOM PIE, MUSHY PEAS, MASH & GRAVY	X	X	M	M	M	X	M				X		X											X				
CHICKEN, HAM & KALE PIE, MUSHY PEAS, MASH & GRAVY	X	X	M	M	M	M	M				X		X											X	X			
ROAST VEGETABLE & CHEESE PIE, MASH & ONIONS	X	X	M	M	M	M	M				X		X											X				

X = Contains, M= May Contain



Dish Name	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew Nut	Pecan Nut	Brazil Nut	Pistachio Nut	Macadamia nut or Queensland N	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/Sulphites	Lupin	
HARRY'S BURGER	X	X	M	M	M	M	M				X	M	X	M	M	M	M	M	M	M	M	M	M	X	X	M	X		
TRIPLE DECKER BURGER	X	X	M	M	M	M	M				X	M	X	M	M	M	M	M	M	M	M	M	M	X	X	M	X		
FISH BURGER	X	X	M	M	M	M	M	X	M		X	M	X	M	M	M	M	M	M	M	M	M	M	X	X	M			
BBQ CHICKEN BURGER	X	X	M	M	M	M	M		M	M	X	M	X	M	M	M	M	M	M	M	M	M	M	X	X	M			
HALLOUMI & PESTO BURGER	X	X	M	M	M	M	M				X	M	X	M	M	M	M	M	M	M	M	M	M	X	X	M			
SEABASS & GREEK SALAD	M	M	M	M	M	M	M	X					X														X		
FULL RACK OF RIBS	X	M	M	M	M	M	M				X		M											X	X		M		
HALF BRITISH CHICKEN - ROCK SALT	M	M	M	M	M	M	M				X																		
HALF BRITISH CHICKEN - PIRI PIRI	M	M	M	M	M	M	M				X														X				
HALF BRITISH CHICKEN - BBQ	X	M	M	M	M	M	M				X														X				
50/50 CHICKEN & RIBS	X	M	M	M	M	M	M				X													X	X				
CHICKEN CAESAR SALAD BOWL	X	X	M	M	M	M	M	X			X		X																
PLAIN CAESAR SALAD BOWL	X	X	M	M	M	M	M	X			X		X																
GREEK SALAD BOWL													X															X	
ROCKY ROAD SUNDAE	X	M	M	M	M	M	M				X	X	X	M	M	M	M	M	M	M	M	M	M						
BANANA SPLIT	X	M	M	M	M	M	M				X	X	X																
KNICKERBOCKER GLORY												X	X																
CHOCOLATE BROWNIE											X	X	X																
BREAD N BUTTER PUDDING	X	M	M	M	M	M	M				X		X	M	M	M	M	M	M	M	M	M	M						
SALTED CARAMEL & CHOCOLATE TART	X	X	M	M	M	M	M				X	X	X	M	M	M	M	M	M	M	M	M	M						
TREACLE N GINGER PUDDING	X	M	M	M	M	M	M				X		X	M	M	M	M	M	M	M	M	M	M						

X = Contains, M= May Contain



Dish Name	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew Nut	Pecan Nut	Brazil Nut	Pistachio Nut	Macadamia nut or Queensland N	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/Sulphites	Lupin
-----------	----------------------------	-------	---------------	---------------	-----	--------	------	------	-------------	----------	------	----------	------	------------	---------	----------	--------	------------	-----------	------------	---------------	-------------------------------	---------	--------	---------	--------	---------------------------	-------

